

Breakfast and Breaks Catering Menu



Traditional Hot Breakfast (minimum 30 people): Scrambled Eggs, Bacon and Sausages, Home Fries, fresh Muffins, Tea Biscuits, Fresh whole fruit .. 12.95

Continental: an assortment of Fresh Muffins and Pastries .. 3.50



Continental Plus: an assortment of fresh Muffins, Pastries, Danish, Sweet Breads, Cinnamon Rolls, Oat Cakes, Croissants .. 4.85

Healthy Break: fresh Muffins, Trail Mix Bars, Fresh whole fruit, Granola bars, Yogurts... 4.95



Breakfast Sandwich on an English muffin.. 3.80 - Bacon OR Sausage

Yogurt, Berry, and Granola Parfaits ... 3.50 each

Individual Yogurts .. 1.50 each

Individual Greek Yogurt .. 2.50 each



Smoothies Made with fresh fruit and yogurt... 5.95 each 12 oz

Fresh Fruit Cones.. Homemade waffle cones filled with seasonal fruit and berries .. 2.95 each,

.... for more of a treat, *dip the cone in chocolate* .. 3.45 each



Fresh Fruit Salad ...3.50 each

Fruit Tray \$30 small, \$60 large

Cheese and Grapes Tray ... \$35 small, \$70 large

Whole Fruit .. 1.50 each, Granola Bars .. 1.50 each

Beverages: Coffee, Tea, decaf \$18.00 per 10 cup

Bottled Juice \$1.85 ea, Water \$1.85 each

Juice by the litre ... 4.95 / litre Apple, Orange, Grapefruit,