

# Breakfast and Breaks Catering Menu



**Traditional Hot Breakfast** (minimum 30 people): Scrambled Eggs, Bacon and Sausages, Home Fries, fresh Muffins, Tea Biscuits, Fresh whole fruit .. 12.95

**Continental:** an assortment of Fresh Muffins and Pastries .. 3.50



**Continental Plus:** an assortment of fresh Muffins, Pastries, Danish, Sweet Breads, Cinnamon Rolls, Oat Cakes, Croissants .. 4.85

**Healthy Break:** fresh Muffins, Trail Mix Bars, Fresh whole fruit, Granola bars, Yogurts... 4.95



**Breakfast Sandwich** on an English muffin.. 3.80 - Bacon OR Sausage

**Yogurt, Berry, and Granola Parfaits ...** 3.50 each

Individual Yogurts .. 1.50 each

Individual Greek Yogurt .. 2.50 each

**Smoothies** Made with fresh fruit and yogurt... 5.95 each 12 oz



**Fresh Fruit Cones..** Homemade waffle cones filled with seasonal fruit and berries .. 2.95 each,

.... for more of a treat, *dip the cone in chocolate* .. 3.45 each

**Fresh Fruit Salad ...**3.50 each



**Fruit Tray** \$30 small, \$60 large

**Cheese and Grapes Tray ...** \$35 small, \$70 large

**Whole Fruit ..** 1.50 each, **Granola Bars ..** 1.50 each

**Beverages:** Coffee, Tea, decaf \$18.00 per 10 cup

Bottled Juice \$1.85 ea, Water \$1.85 each

Juice by the litre ... 4.95 / litre Apple, Orange, Grapefruit,